

# 2024 Africa Triathlon Championships Hurghada

19 : 21 April 2024



**Standard Aquathlon**  
Run 1 Laps 2.5 K  
Swim 1 Laps 1 K  
Run 1 Laps 2.5 K



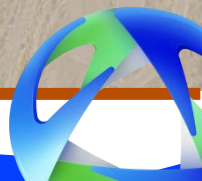


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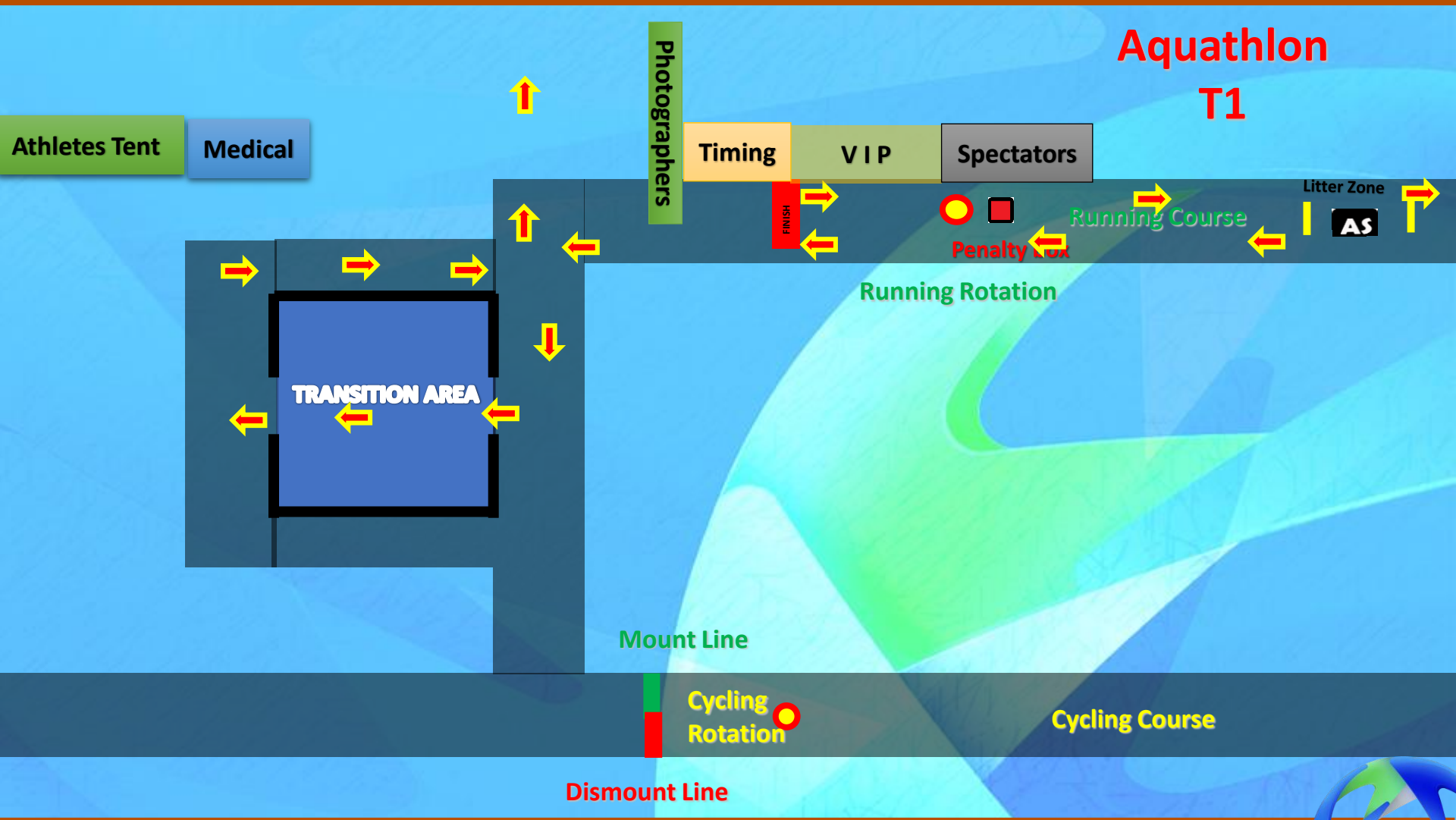


**Standard Aquathlon**  
**Run 1 Laps 2.5 K**



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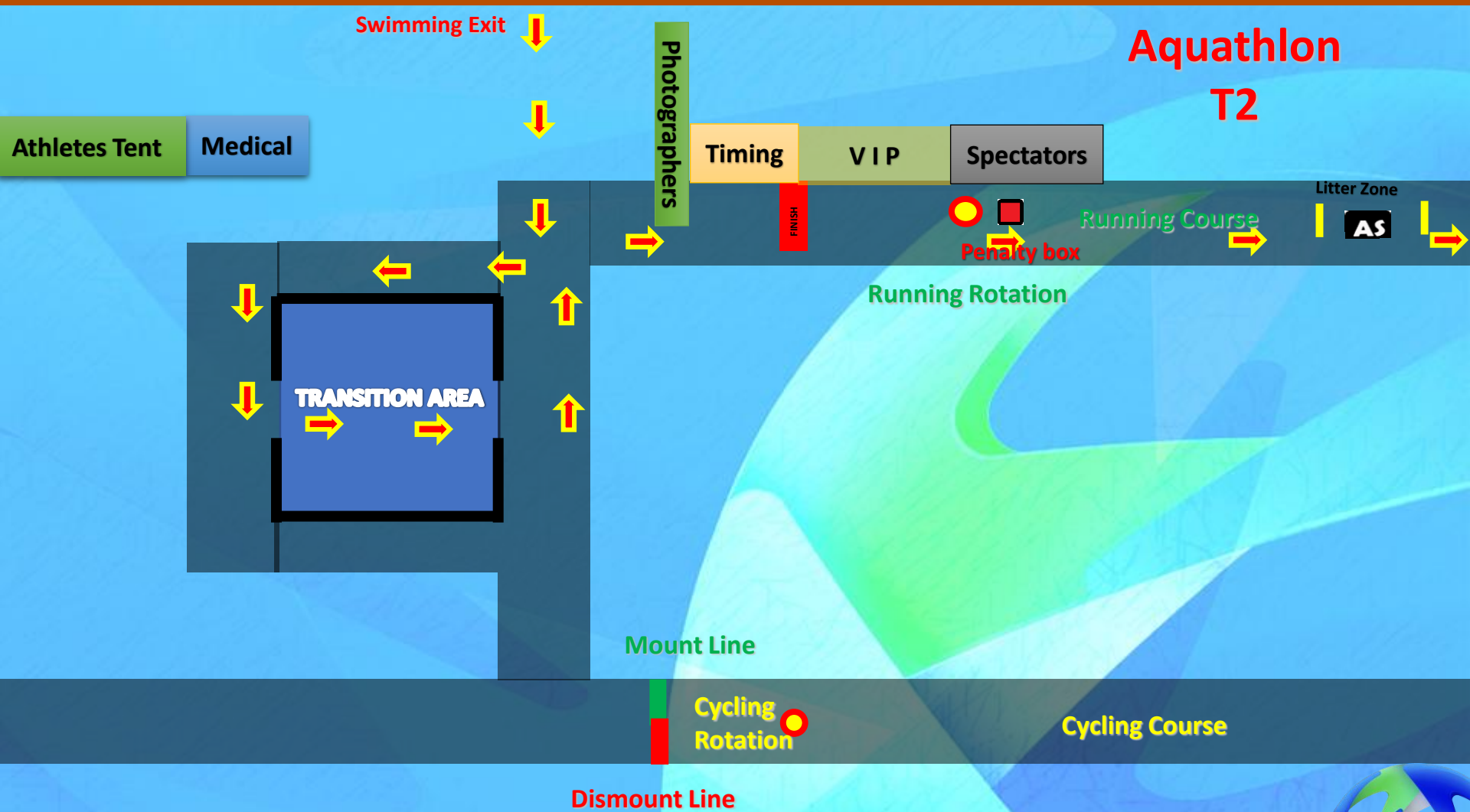


**Standard Aquathlon**  
**Swim 1 Laps 1 K**



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**Run 1 Laps 2.5 K**




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### Standard Aquathlon



**Friday,  
April 19, 2024**

Run Familiarization	16:00 - 16:30
Swim Familiarization	16:30 - 17:00
Registration	17:00 - 18:30
Athlete Briefing	18:30 - 18:45
Race Pack Collection & Uniform	18:00 - 20:00



**Saturday,  
April 20, 2024**

Athletes Lounge Open & Check in	11:00 – 11:25
Transition Area Open	11:00
Swim Warm up Open	11:05
Swim warm up Close	11:15
Transition Area Close	11:20
Athlete Line Up Athlete	11:20
Introduction	11:25
Elite / U23 / Junior / Youth Men START	11:30
Age Group Men START	11:32
Elite / U23 / Junior / Youth Women START	11:35
Age Group Women START	11:37
Medal Ceremony	13:00

